



DragonBoat Beaufort!

Cancer Survivor Mixed DragonBoating

Local cancer survivors, and water sport enthusiasts who wish to support them, are forming a Beaufort mixed recreational and racing DragonBoat team. We offer male and female survivors the opportunity to "hit the restart button" by participating in this fabulous, team-centric wellness program out on the water.

Picture this: Twenty paddlers sitting side-by-side in a dragon-headed 41-foot-long vessel, paddling furiously to the beat of an insistent drummer. The goal: physical wellness and psychological well-being through this thrilling, team-oriented support program. Being cut, radiated and medicated by cancer treatments needs an offset. This is an opportunity to get outdoors in a supportive team environment and regain some of what was lost. Join us for paddles-up fun and games!

Encore Screening of "Awaken the Dragon" Winner of Best Documentary and Audience Choice Awards at the 2012 Beaufort International Film Festival. Saturday, April 21st, 5:30pm at the USCB Center for the Arts. Tickets \$20 (\$10 of which goes to DragonBoat Beaufort) followed by a fund-raiser Italian Buffet at Port Royal Pasta Company, \$15 per person, RSVP: 739-0146.

To purchase tickets, call 521-4145. To crew, sponsor or donate, email DragonBoatBeaufort@gmail.com



"Awaken the Dragon" trailer: <https://vimeo.com/35915444>

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