

› Basic Enhanced Employee Assistance Program

City of Beaufort



Your company can suffer when an employee is faced with a personal or professional issue that gets in the way of maintaining productivity at work. Offering a robust Employee Assistance Program (EAP) can be the answer for both your employee and their family. It can help your company's bottom line, too.

EXPERIENCED EAP STAFF

Licensed Master's level professionals provide assistance for a variety of personal and professional matters.

- Emotional Well-Being
- Family and Relationships
- Legal and Financial
- Healthy Life Styles
- Work and Life Transitions

NETWORK

Mutual of Omaha's robust network of licensed mental health professionals provides flexibility to meet individual member's needs. All face-to-face EAP sessions must be authorized by contacting Mutual of Omaha at (800) 316-2796.

EAP BENEFITS

- Unlimited telephonic access to EAP Professionals 24 hours a day, seven days a week
- Telephone assistance and referral
- Service for employees and eligible dependents
- Three face-to-face sessions* with a counselor (per household per calendar year)
- Legal assistance and financial services

- Legal library and on-line forms
- Telephonic financial consultation
- Connect employees with resources for:
 - *Dependent and Elder Care Assistance & Referral Services*
 - *Substance Abuse*
 - *Work/Life Balance*
- Access to a library of educational articles, handouts and resources at mutualofomaha.com/eap

ORGANIZATIONAL SERVICES

- Internet-based management support resources
- Connection to resources for on-site training and Critical Incident Stress Management Services (CISM)** available on a fee-for-service basis

* *Face-to-face visits can be used toward legal consultations. In California: Knox-Keene Statute limits no more than three face-to-face sessions in a six-month period.*

** *Utilization reports available upon request.*

For more information or to utilize EAP benefits call (800) 316-2796.

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